

# Be Safe in the Sun



## *Wear Sunscreen*

Think about types with extras like bug spray, waterproof, and UVA/UVA ingredients.

## *Wear a Hat*

Look great and protect hair from the sun, too!

## *Cover Up*

Protecting skin from burns keeps you cooler.

## *Try Sun Clothing*

No worries about mess or lotion reapplication.

## *Often Forgotten Spots*

Don't forget ears, nose, and tops of your feet need protection, too.



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